

RED HILL SCHOOL NEWSLETTER

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'Display from ANZAC Day Assembly.'



Red Hill School is a Nut Free Environment



24th May 2024



ACT
Government
Education

Red Hill
SCHOOL
Open hearts · Inquiring minds



Notes Home

❖ National Botanic Gardens YR3

Astrolabe Street, Red Hill
Website: www.redhillps.act.edu.au

Ph: 6142 0960

PO Box 22, Red Hill, ACT 2603
Email: info@redhillps.act.edu.au

Fee code for Voluntary Contributions is VOL CONS

Leadership Team Overview

Dear Parents and Carers,

Warm clothing is definitely needed on the playground now, so please encourage your children to wear hoodies or fleecy jackets to school each morning so they can rug up before going outside.

Don't forget to label clothing items so they can be returned to the rightful owners! A word of caution though. We had a funny situation last week where staff repeatedly tried to give a young man a jumper which clearly had his name on it. He pointed out multiple times that the jumper no longer fitted him and that his parent had donated it to the second hand clothing shop. We have yet to find the new owner 😊. It might be a good idea to check that labels have been updated with the new owner's name.

AQUA SAFE

Today we are sending home invitations for year two students to attend water safety lessons in week 10. These are organised by the Royal Life Saving Society and are substantially funded by the ACT Education Directorate. It has been several years since we have been able to offer this program. We hope that as many students participate as possible. Please contact Gwen McCormack if you have any questions about the program.

STAFFING UPDATE

With David Corcoran's departure to Gordon Primary we have had to make changes to our school leadership team. I would like to congratulate Deb Lawrence on her appointment as Deputy Principal of the junior school. I would also like to congratulate Kristy McCumiskey and Sam Harris, who have been appointed to share an acting School Leader C role.

We have welcomed Ben Doran-Edmunds to our teaching team this term. Ben has joined us as an in-house relief teacher, taking classes across P-6 when classroom teachers are unwell. He has already proved himself invaluable because of his flexibility to teach anywhere at very short notice. It's great to have Ben on board because he is also an ex-student of Red Hill!

PARENT PORTAL ACCESS

This term the Education Directorate is introducing a new Parent Portal, a secure online platform used to share student information between you and your child's teachers. Our portal will go live on June 6th 2024.

Using the Parent Portal on your mobile phone, tablet or computer, you will be able to:

- notify us if your child is sick or explain an absence,
- book parent-teacher interviews,
- receive academic reports,
- receive our school newsletter,
- receive messages from your child's teachers,
- make payments, and
- access the school calendar.



You can start the sign up and identity verification process now so you're ready to go. Head to the Education Directorate website [Parent Portal page](#) for all the details. You can create an account and complete the level 2 ID verification by visiting:

<https://www.myaccount.act.gov.au/>.



SCHOOL BOARD

Nominations for the School Board closed on **Thursday 16th May** . Many thanks to those who were able to complete this process. The election was scheduled for this week, but unfortunately this has been delayed and will commence next week.

Kind regards

Louise Owens (Principal)

2025 School Enrolments

Enrolments for the 2025 school year are now open for students starting at a new school. Visit education.act.gov.au for the online application link and information about the school in your child's Priority Enrolment Area. [School information sessions](#) for prospective students are being held throughout May.

Alternately, visit school websites to find out more or contact the school directly. Apply by 7 June to receive an offer from 29 July 2024.



Red Hill Play-Pod

Dear Red Hill Community,

We are seeking donations of open-ended items that can be enjoyed by children of all ages in our play pod space, which provides resources for student to play with during recess and lunch. It is not structured play, so we are looking for items that children can use to play and explore freely. Open-ended materials provide opportunities for creative and imaginative play, decision making and problem solving. They allow children to become innovators, designers, explorers, artists, and collaborators.

Please see below for some suggestions of items that we are hoping to add to our resources. Any donations can be delivered to Mrs Dunlop in the KD classroom (the first classroom, near the front office) before or after school.

Wish list items	Examples of items we are unable to accept
<ul style="list-style-type: none">-play silks / scarves / lengths of fabric / blankets / sheets-dolls, doll house and doll house items-blocks-kitchen items (play food, plates, spoons, cooking utensils etc)-loose parts (recycled and repurposed items such as bottle lids, containers, fabric scraps, wooden offcuts)-cars-plastic and wooden cable spools-small world play items such as people and animal figurines-puppets, felt story boards-sand pit toys / buckets-dress up items (items of clothing)-small tires (such as those from a ride on mower or bicycle)	<ul style="list-style-type: none">-Items that have one set purpose or way to play with, for example a ball run-items that are broken or missing parts-items with sharp edges or made of timber that splinters easily

Uniform Shop

Ordering Online

The Red Hill School P&C Association uses Flexischools for uniform shop sales.

<https://www.flexischools.com.au/>

It is a cashless online ordering system which streamlines payment, ordering and processing of purchases and events. Quick and easy, it can be accessed 24/7 on PC, Mac, or mobile app.

School uniform orders for existing students will be delivered to your child's classroom. Otherwise, orders can be collected from the front office.

Ordering in person

Opening hours Wednesday 8.30 to 10:00am and Friday 2.30 to 4.00pm. We prefer payment by credit card, but we can accept cash.

With COVID continuing to present a risk we prefer that orders are made online where possible.

Secondhand requests can be emailed through to the shop manager.

Donations can be placed in the purple bin in the front office foyer.

Lost property collected around the school is placed in the big blue bin outside of the uniform shop.

Due to the amount of lost property and the shortage of staff, labeled items will no longer be returned to classrooms. Instead, the items in the blue bin will be sorted and then placed in the adjoining blue and white cupboards for students to look through and collect any of their property that they find."



Red Hill School OVER THE COUNTER SALES

Milo Cookie	\$0.50
Pappadum (Garlic or Plain)	\$0.50
Popcorn	\$1.00
Frozen Quelch Stick	\$1.00
Frozen Juice Cup	\$2.00
Jelly Cup or Custard Cup	\$2.00
Banana Bread	\$2.00
Berry Muffin	\$2.00
Jelly & Custard Cup	\$2.50
Fluffy Choc Mousse	\$2.50
Plain Milk	\$2.50
Twisted Frozen Yogurt	\$3.00
Plain Milk with flavoured Sipahh Straw	\$3.50

OPEN TIMES FROM TUESDAY TO FRIDAY -

10.30am - 10.45am

11.15am - 11.40am

1.10pm - 1.30pm

Please bring exact change if possible

Red Hill School Calendar 2024 – Term 2					Mon 29 Apr – Fri 5 Jul
	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 Apr 29-3 May	Pupil Free Day	30 th April YR5 Menslink 'Silence is Deadly' and 'Fearless Women' Sessions.	1 st May Fizzics Incursion		Anzac Assembly
Week 2 May 6-10			8 th May YR5 SHFPACT Session		10 th May Media Video Recording Bike Riding
Week 3 May 13-17	13 th May Birrigai Preschool	14 th May Matt Giteau Cup- Rugby/Rugby Union	15 th May 2025 Enrolment Information Session for New Families	16 th May Birrigai Preschool	17 th May Cross Country Carnival K-6
Week 4 May 20-24			22 nd May French Puppet Show- Puss in Boots- K-Yr3 YR6 Combined Band Rehearsal	23 rd May Rostrum School Finals	24 th May Junior Assembly Hosted by YR3 Fizzics Incursion YR6
Week 5 May 27-31					
Week 6 Jun 3-7		4 th June Cross Country Regional Carnival			7 th June Yr3 Australian National Botanic Gardens Excursion Senior Assembly Hosted by YR5
Week 7 Jun 10-14		11 th June Colour Your Threads for Pos Ed Day			
Week 8 Jun 17-21					21 st June Junior Assembly Hosted by Kindy
Week 9 Jun 24-28					28 th June Cross Country Assembly
Week 10 Jul 1-5	1 st July AQUASAFE YEAR 2	2 nd July AQUASAFE	3 rd July AQUASAFE	4 th July AQUASAFE	5 th July AQUASAFE Whole School Assembly

Community News

ACT Skipping for Healthy Hearts

Skipping for Healthy Hearts is a **FREE** 6-week program for primary school kids in the ACT and nearby areas that promotes heart health and physical fitness through skipping.

Skipping workshops run each Saturday with our next program scheduled from **SATURDAY 25 JUNE 2024** and runs until **SATURDAY 29 JUNE 2024**.



PROGRAM TIMES & LOCATIONS

THROSBY SCHOOL:

11:00AM - 12:15PM

KINGSFORD SMITH SCHOOL:

1:00PM - 2:15PM

MOUNT STROMLO SCHOOL:

3:00PM - 4:15PM

Skipping workshops are led by experienced skipping trainers who bring a wealth of knowledge and expertise. Kids will be provided with a free quality skipping rope which they are able to keep at the end of the program.

They will be taught a wide range of skipping techniques that will help develop their coordination, balance, and overall motor skills. From basic jump roping to more advanced techniques, the trainers will work with your kids to improve their skipping abilities while ensuring that they have fun and enjoy the experience.

REGISTER TODAY - <https://www.eventbrite.com.au/d/australia--australian-capital-territory/skipping/>

Skipping for
Healthy Hearts



POP CAMP
POWER OF PERFORMANCE

SING. DANCE. ACT.
HOLIDAY PROGRAM

- Learn A Dance
- Learn A Song
- Learn A Script
- Perform In A Show
- Build Confidence
- Make Friends
- Have Fun!

Queanbeyan & Harrison

www.popcamp.com.au

BUILDING CONFIDENT KIDS

A collage of photos showing children performing on stage, singing, and dancing. The background is bright yellow and pink with starburst graphics.

PARENTLINEACT.ORG.AU

TELEPHONE PARENTING COUNSELLING

Counsellors are now just a phone call away!
(02) 6287 3833

An illustration of two people sitting in chairs, engaged in a conversation. The background is dark blue with yellow stars and a parentline logo in the top right corner.



Is this your daughter?

Look no further than the Australian Girls Choir because we encourage, challenge and inspire girls as they learn to sing, dance and perform.

Join us at our JUNE OPEN DAY



AUSTRALIAN SCHOOL OF PERFORMING ARTS



ASC
AUSTRALIAN SPORTS CAMPS

\$234.50 for 3 days! Offer ends June 9!

PROGRAM INCLUDES

- 01 9-3pm each day
- 02 AFL, Rugby, Soccer, Netball and Basketball on offer
- 03 Suitable for all ages and skill levels
- 04 Guest appearances at selected programs

THREE DAY SCHOOL HOLIDAY SPORTS CAMP!

LOCATION
ANU, 19 North Road, Acton ACT 2601 - 9, 10, 11 and 16, 17, 18 July 2024

“It was overall very positive and the kids made great connections with coaching staff and other participants**”**

Contact Us:
1300 914 368
admin@australiansportscamps.com.au

More Information:
australiansportscamps.com.au

Dante Alighieri Society of Canberra at the Italian Cultural Centre in Forrest

Italian Classes for Children in Canberra!

Introductory offer for new enrolments: **up to four lessons free in term 2!** Our children's classes in term 2 are as follows:

1. at the **Italian Cultural Centre on Saturday mornings**. As usual, two classes will run: aged 5-9 and 10-12. Enrolments are open to all!
2. at **Red Hill Primary School on Monday afternoons**, exclusive to Red Hill students.
3. at **Yarralumla Primary School on Wednesday afternoons**, in collaboration with the Aeon Academy after school childcare program. Children who are not part of the childcare program may incur additional fees.

Please email info@danteact.org.au to enrol!



BRICKS
@ THE WODEN SCHOOL
Supporting Students With Special Needs

Saturday 25 May 2024 9am - 4pm
Sensory Session Saturday 25 May 2024 4pm - 5pm
Sunday 26 May 2024 9am - 2pm

127 Denison Street, Deakin

Entry: \$5 Child | \$10 Adult | \$20 Family LEGO displays | Competitions / Raffles | Sausage Sizzle BBQ | Stalls | Face Painting | Guessing Competition

facebook.com/wodenbricks

This event has been organised in association with the Canberra Lego User Group and The Woden School Parents and Citizens Association

LEGO, the LEGO logo, the Minifigure and the brick and knob configurations are trademarks of the LEGO Group.
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ADDRESSING YOUR CHILD'S ANXIOUS AVOIDANCE

PARENT WORKSHOP

- **TAKE POSITIVE ACTION TO INCREASE YOUR CHILD'S ABILITY TO COPE WITH ANXIETY**
- **LEARN SKILLS TO ADDRESS YOUR CHILD'S ANXIOUS AVOIDANCE**
- **LEARN ABOUT THE ESCALATION CYCLE AND HOW TO AVOID ENGAGING WITH IT**



Thursday, 30 May 2024

12:30-2:30pm

For parents of students in Years 4 to 12

WHAT IS THE ADDRESSING YOUR CHILD'S ANXIOUS AVOIDANCE PARENT WORKSHOP?

Addressing Your Child's Anxious Avoidance is a 2-hour workshop facilitated by the School Psychology Service aimed at helping parents/carers increase their child's ability to cope with anxiety and decrease anxious avoidance. During the workshop parents/carers have the opportunity to develop a clear plan to address their child's anxious behaviours.

WHAT DOES THE WORKSHOP INVOLVE?

Each workshop will have approximately 12 participating families (one or both parents/carers) and is facilitated by two school psychologists. Activities are based on the Non-Violent Resistance evidence-based therapeutic approach. Your child does not attend the workshop with you.

ARE THERE ANY RISKS FOR PARTICIPANTS?

It's possible that when participants start to use the strategies taught in the program, they or their child may initially experience a higher level of distress as anxious behaviours are addressed. However, as participants continue learning and practicing a wider range of strategies, these are likely to reduce.

HOW WILL INFORMATION BE KEPT AND SHARED?

Information shared within the group is confidential and is not shared outside of the workshop. Should facilitators become concerned about a child's safety or well-being external agencies will be notified. Where appropriate, the facilitators will endeavour to assist families to identify the appropriate next steps in gaining support.

At the end of the workshop participants will be asked to complete short questionnaire. This data is used to evaluate the effectiveness of the program. File notes regarding parent/carer involvement in the program will be recorded, stored securely, and placed on an electronic student School Psychology file.



RESPONDING TO YOUR CHILD'S STRONG EMOTIONS

PARENT WORKSHOP

- TAKE POSITIVE ACTION TO ADDRESS YOUR CHILD'S CHALLENGING BEHAVIOURS
- LEARN SKILLS TO DE-ESCALATE CONFLICT
- MAKE POSITIVE CHANGES IN YOUR FAMILY'S INTERACTIONS



Thursday, 20 June, 2024

12:30 - 2:30pm

For parents of students in Years 4 to 12

WHAT IS THE RESPONDING TO YOUR CHILD'S STRONG EMOTIONS PARENT WORKSHOP?

Responding to your Child's Strong Emotions is a 2-hour workshop facilitated by the School Psychology Service aimed at helping parents/carers address their child's challenging, violent, or destructive behaviours. During the workshop parents/carers have the opportunity to develop a clear plan to address their child's challenging behaviours.

WHAT DOES THE WORKSHOP INVOLVE?

Each workshop will have approximately 12 participating families (one or both parents/carers) and is facilitated by two school psychologists. Activities are based on the Non-Violent Resistance evidence-based therapeutic approach. Your child does not attend the workshop with you.

ARE THERE ANY RISKS FOR PARTICIPANTS?

It's possible that when participants start to use the strategies taught in the program, they or their child may initially experience a higher level of distress as challenging behaviours are addressed. However, as participants continue learning and practicing a wider range of strategies, these are likely to reduce.

HOW WILL INFORMATION BE KEPT AND SHARED?

Information shared within the group is confidential and is not shared outside of the workshop. Should facilitators become concerned about a child's safety or well-being external agencies will be notified. Where appropriate, the facilitators will endeavour to assist families to identify the appropriate next steps in gaining support.

At the end of the workshop participants will be asked to complete short questionnaire. This data is used to evaluate the effectiveness of the program. File notes regarding parent/carer involvement in the program will be recorded, stored securely, and placed on an electronic student School Psychology file.

A 2-HOUR WORKSHOP
AIMED AT DEVELOPING
COMMUNICATION SKILLS
FOR FAMILIES

Connected Conversations

CONNECTED CONVERSATIONS PARENT&CARERS/TEEN WORKSHOP



- **EXPLORE THINKING STYLES AND HOW THEY CAN INCREASE THE CHANCE OF CONFLICT**
- **EXPLORE FLEXIBLE THINKING AND HOW THIS CAN ASSIST US IN COMMUNICATION**
- **LEARN THE CRITICAL SKILL OF VALIDATION**



Tuesday 27th June 2024
2:30-4:30 PM
Hedley Beare Centre for Teaching
and Learning
For students in Years 7-10

WHAT IS THE CONNECTED CONVERSATIONS WORKSHOP?

Connected Conversations is a workshop aimed at helping teenagers and their parents/carers strengthen their skills in communicating with each other in an effective way. The skills taught in the program promote flexible and empathic communication. All skills are based on a therapeutic framework called Dialectical Behaviour Therapy.

WHAT DOES THE WORKSHOP INVOLVE?

Connected Conversations is a 2-hour workshop facilitated by school psychologists. Activities are based on evidence-based therapeutic approaches and are designed to be engaging and interactive. Parent/carers and their teens will actively practise the skills covered and there is an opportunity to take home material.

WHO IS THE WORKSHOP FOR?

Connected conversations is aimed at students and or families experiencing low to moderate levels of distress. This includes families who may be struggling with sadness, frustration or anxiety in or around their communication. This workshop is made to be useful for all members of a family.

HOW WILL INFORMATION BE SHARED?

General information about the program will be communicated with key staff in the school, as well as parents and/or caregivers.

Should facilitators become concerned about your safety or well-being parents/carers will be advised, and the relevant key school staff may also be notified. The facilitators will assist you and your family to identify the appropriate next steps in gaining support.

Brief file notes regarding your involvement in the program may be recorded, stored securely and placed on an electronic student counselling file with restricted access.



Australian Early Development Census

School newsletter (external)

Building a national picture of child health

During June 2024, our school, along with thousands of others across the country, will participate in the Australian Early Development Census (AEDC).

The AEDC is a teacher-completed census (similar to a questionnaire) which provides a comprehensive picture of how children have developed by the time they start their first year of full-time school.

The AEDC is an Australian Government Initiative and is completed nationally every three years.

Children don't miss any class time while the AEDC is completed, and parents/carers don't need to supply schools with any new information.

The data collected through the AEDC is used by schools, communities, and governments to better

understand children and families' needs, and identify the services, resources and support they need.

AEDC data is reported at a school, community, state/territory and national level. AEDC results for individual children are not reported and the AEDC is not used as an individual diagnostic tool.

Some teachers have found that completing the AEDC made them more aware of the needs of individual children and their class, and that the data was useful for planning for transitions to Year 1 and developing programs.

Participation in the AEDC is voluntary, however the AEDC relies on all schools with children in their first year of full-time school participating in the collection.

Parents/carers don't need to take any action unless they choose not to include their children in the census.

To find out more about the AEDC and how it is being used to help children and families visit: www.aedc.gov.au

