# RED HILL SCHOOL NEWSLETTER

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**Community News** 



Preschool students(PG2) 'learning about insects at the light table.'



Red Hill School is a Nut Free Environment



21st June 2024



- ❖ Yr2 AquaSafe
- Athletics Carnival
- Yr4 Camp Notes







Open hearts . Inquiring minds

Astrolabe Street, Red Hill Ph: 6142 0960 Website: www.redhillps.act.edu.au

PO Box 22, Red Hill, ACT 2603 Email: info@redhillps.act.edu.au

Fee code for Voluntary Contributions is VOL CONS

### Leadership Team



#### **Dear Parents And Carers**

It is hard to believe that we are nearly through the first semester for the year. We have had a busy fortnight, and it has been great to see students achieving in so many areas across the school.

#### **Cross Country**

On Friday 17 May we held our annual cross-country event. Students from all years participated enthusiastically and it was great to see so many parents attend and cheer for their children, while enjoying the fabulous weather. A big thank you to the P&C which provided fresh fruit for the participants and to the parent helpers who supported teaching staff. Congratulations to all those who participated.

On Tuesday 4 June sixty-two qualifying Red Hill students attended the regional cross country carnival, achieving great success. Red Hill came first overall with several students setting new records. Sixteen students subsequently participated in the ACT finals on Thursday 15 June. Based on their success, some students are progressing to the national event. Congratulations to Archie Simpson in Year 4 who came first out of all the students in the ACT. At both events our school spirit was noted, and the supervising teachers reported that members of the public commented on the sportsmanship and courtesy shown by our students.

Next Friday 28 June we will hold the Cross Country Assembly to celebrate the success of our students. Parents of students receiving ribbons will have been notified. Assembly starts at 9.30 am.

Congratulations to Eliza Devcic in Year 6 who has been selected on the National Tennis Team for the 12 and under tennis championships in Darwin. We wish her all the best.

#### Reporting

Teachers are working busily on assessment and your children's end of semester one reports. The finished reports will arrive by email on Wednesday July 3<sup>rd</sup> (week 10). Reports are automatically generated by our system to the first listed email address for each student. If you require an additional report in hard copy, please contact the front office before week 10. It is also important that the front office is notified of any change of the first listed email address before then.

Teachers may also contact you if they have concerns about an aspect of your child's progress, especially if you were unable to attend your child's student led conference. Please don't hesitate to contact the teacher after receiving your child's report if there is an aspect that concerns you or needs clarification.

Samantha Harris and Kristy McCumiskey (Acting Executive Teachers)

#### **WELL-BEING AND SAFETY**

#### PROTECTING OURSELVES FROM ILLNESS OVER WINTER

The cooler weather is well and truly here. We have already seen an increase in COVID-19 and other seasonal illness at school, and across the community. It is important we keep everyone healthy by making sure we take simple steps to protect one another. As parents and carers, one of the simplest ways to do this is to keep your child at home when they are unwell.

- If your child has COVID-19 you must let us know by contacting the Front Office.
- Your child should only return to school once they are well, and their symptoms have cleared.
- Vaccination is one of the best ways to keep everyone safe. We encourage everyone who can, to get vaccinated for COVID-19 and the seasonal flu. To find out more visit the <u>ACT Health website</u>.

#### **COVID Smart ACT public schools**

ACT public schools have a range of strategies in place to keep everyone safe over winter. This includes cleaning of high touch points in schools, as well as strategies to ensure we balance ventilation and thermal comfort in classrooms to help prevent the spread of illness. You can read more on the <u>ACT Education Directorate website.</u>



#### **EARLY INTERVENTION PARENT WORKSHOPS**

The ACT Education Directorate School Psychology Service (SPS) is offering two 2 hour workshops this year, held at Hedley Beare Centre for

Teaching and Learning.

Workshop 2 – Responding to Your Child's Strong Emotions (5 MB PDF)

- Thursday, 20 June 2024
- 12:30 pm 2:30 pm
- For parents/carers of students in years 4 to 12

Workshop 3 – Connected Conversations for parents/carers and their teens (691 kb PDF)

- Tuesday, 27 June 2024
- 2:30 pm 4:30 pm
- For parents/carers and their child in years 7 to 10

#### **CONSENT CAN'T WAIT**

The Australian Government has developed the <u>'Consent Can't</u>



<u>Wait'</u> resources. These resources have been designed to assist adults to understand consent and support conversations regarding sexual consent with young people. The purpose of the campaign is to acknowledge that before we can talk to children and young people about consent, we need to talk to each other and have a shared understanding. Resources include adult-to-adult conversation guides, adult-to-child conversation guides and culturally appropriate information for First Nations peoples.

#### SUPPORTING STUDENTS AND FAMILIES

The Education Directorate's senior psychologists have produced a short video series to help families support their child if they are feeling anxious.

The videos cover understanding and responding to a child's anxiety and tips about supporting a child when they're feeling anxious.

The website link (click the attached image) also includes videos about mindfulness and links to other useful resources for families.



#### KNOWING YOUR EMOJIS TO KEEP KIDS SAFE

Do you know that a chili emoji can have multiple meanings? Or what the acronym PIR or the number 9 stands for? The Australian Federal Police (AFP) led Australian Centre to Counter Child Exploitation (ACCCE) is urging the community to understand the double meaning of emojis and acronyms, to keep kids safe. They offer some top tips for parents, and recent examples of emoji use and acronyms popping up with youth online. For more information, read the online article <a href="https://www.afp.gov.au/news-centre/media-release/knowing-your-emojis-keep-your-kids-safe">https://www.afp.gov.au/news-centre/media-release/knowing-your-emojis-keep-your-kids-safe</a>

### Red Hill Play-Pod



Dear Red Hill Community,

We are seeking donations of open-ended items that can be enjoyed by children of all ages in our play pod space, which provides resources for student to play with during recess and lunch. It is not structured play, so we are looking for items that children can use to play and explore freely. Open-ended materials provide opportunities for creative and imaginative play, decision making and problem solving. They allow children to become innovators, designers, explorers, artists, and collaborators.

Please see below for some suggestions of items that we are hoping to add to our resources. Any donations can be delivered to Mrs Dunlop in the KD classroom (the first classroom, near the front office) before or after school.

Wish list items	Examples of items we are unable to accept
-play silks / scarves / lengths of fabric / blankets / sheets	-items that have one set purpose or way to play with, for example a ball run
-dolls, doll house and doll house items	-items that are broken or missing parts
-blocks -kitchen items (play food, plates, spoons, cooking utensils etc)	-items with sharp edges or made of timber that splinters easily
-loose parts (recycled and repurposed items such as bottle lids, containers, fabric scraps, wooden offcuts)	
-cars	
-plastic and wooden cable spools	
-small world play items such as people and animal figurines	
-puppets, felt story boards	
-sand pit toys / buckets	
-dress up items (items of clothing)	
-small tires (such as those from a ride on mower or bicycle)	

### 2025 School Enrolments





Enrolments for the 2025 school year are open for students starting at a new school. visit <u>education.act.gov.au</u> for the online application link and information about the school in your child's priority enrolment area.

Offers will be sent out from July 29 $^{th}$ , 2024, for applications that are submitted by COB today June  $7^{th}$ .

### **Uniform Shop**



#### **Ordering Online**

The Red Hill School P&C Association uses Flexischools for uniform shop sales.

#### https://www.flexischools.com.au/

It is a cashless online ordering system which streamlines payment, ordering and processing of purchases and events. Quick and easy, it can be accessed 24/7 on PC, Mac, or mobile app.

School uniform orders for existing students will be delivered to your child's classroom. Otherwise, orders can be collected from the front office.

#### Ordering in person

Opening hours Wednesday 8.30 to 10:00am and Friday 2.30 to 4.00pm. We prefer payment by credit card, but we can accept cash.

With COVID continuing to present a risk we prefer that orders are made online where possible.

Secondhand requests can be emailed through to the shop manager.

Donations can be placed in the purple bin in the front office foyer.

Lost property collected around the school is placed in the big blue bin outside of the uniform shop.

Due to the amount of lost property and the shortage of staff, labeled items will no longer be returned to classrooms. Instead, the items in the blue bin will be sorted and then placed in the adjoining blue and white cupboards for students to look through and collect any of their property that they find."



### Canteen

# Red Hill School OVER THE COUNTER SALES

Milo Cookie	\$0.50
Pappadum (Garlic or Plain)	\$0.50
Popcorn	\$1.00
Frozen Quelch Stick	\$1.00
Frozen Juice Cup	\$2.00
Jelly Cup or Custard Cup	\$2.00
Banana Bread	\$2.00
Berry Muffin	\$2.00
Jelly & Custard Cup	\$2.50
Fluffy Choc Mousse	\$2.50
Plain Milk	\$2.50
Twisted Frozen Yogurt	\$3.00
Plain Milk with flavoured Sipahh Straw	\$3.50

#### OPEN TIMES FROM TUESDAY TO FRIDAY -

10.30am - 10.45am

11.15am - 11.40am

1.10pm - 1.30pm

#### Please bring exact change if possible

Red Hill School Calendar 2024 - Term 2					Mon 29 Apr – Fri 5 Jul	
		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Apr 29-3 May	Pupil Free Day	30 <sup>th</sup> April YR5 Menslink 'Silence is Deadly' and 'Fearless Women' Sessions.	1 <sup>st</sup> May Fizzics Incursion		Anzac Assembly
Week 2	May 6-10			8 <sup>th</sup> May YR5 SHFPACT Session		10th May Media Video Recording Bike Riding
Week 3	May 13-17	13 <sup>th</sup> May Birrigai Preschool	14 <sup>th</sup> May Matt Giteau Cup- Rugby/Rugby Union	15 <sup>th</sup> May 2025 Enrolment Information Session for New Families	16 <sup>th</sup> May Birrigai Preschool	17 <sup>th</sup> May Cross Country Carnival K-6
Week 4	May 20-24			22nd May French Puppet Show- Puss in Boots- K-Yr3 YR6 Combined Band Rehearsal	23 <sup>rd</sup> May Rostrum School Finals	24 <sup>th</sup> May Junior Assembly Hosted by YR3 Fizzics Incursion YR6
Week 5	May 27-31					
Week 6	Jun 3-7		4 <sup>th</sup> June Cross Country Regional Carnival			7 <sup>th</sup> June Yr3 Australian National Botanic Gardens Excursion Senior Assembly Hosted by YR5
Week 7	Jun 10-14		11 <sup>th</sup> June Colour Your Threads for Pos Ed Day			
Week 8	Jun 17-21					21 <sup>st</sup> June Junior Assembly Hosted by Kindy
Week 9	Jun 24-28					28 <sup>th</sup> June Cross Country Assembly
Week 10	Jul 1-5	1 <sup>st</sup> July AQUASAFE YR2	2 <sup>nd</sup> July AQUASAFE YR2	3 <sup>rd</sup> July AQUASAFE YR2	4 <sup>th</sup> July AQUASAFE YR2	5 <sup>th</sup> July AQUASAFE YR2 Whole School Assembly

### Community News



### **GROUP THERAPY PROGRAMS**

TERM 3



What: Therapy targeting social skills and emotional regulation through Lego! Who: 8-11 years of all abilities When: 4:30pm-5:30pm, Mondays for 6 weeks from 29th July

> COST: \$59.53 PER SESSION\* \$500 FULL FEE



### MUSIC

What: A music therapist and psych combo targeting social skills and emotional regulation through music! Who: Under 6 & 6-11 years of all abilities When: 2:45pm-3:45pm & 4pm-5pm, Thursdays for 5 weeks from 15th August



COST: \$76.20 PER SESSION\* \$500 FULL FEE

### **PARENTING**

What: Circle of Security - supporting parents to build healthy and secure relationships with their children Who: Parents of kids aged 0-6 When: 6:00pm-7:30pm Mondays for 8 weeks from 5th August

COST: \$71.35\*OR \$23.95\*\*
PER SESSION
\$950 FULL FEE

P: (02) 6189 4840 | F: (02) 6100 9244

E: HELLO@FEELTOHEAL PSYCHOLOGY.COM.AU

A: UNIT 6 / 2 PHIPPS CLOSE, DEAKIN, ACT 2600

### **CARERS**

What: Confident Carers and Cooperative Kids (CCCK) - Helps carers struggling with their child's difficult behaviours.

Who: Carers of kids aged 3-11 When: 5:30pm-7:30pm Wednesdays for 8 weeks from 31st July

COST: \$74.65 OR \$30.55 PER SESSION\*\* \$950 FULL FEE

feel \*\*,
to
heal

\*if Medicare eligible \*\*if both parents are Medicare eligible



medicare





#### JOIN US AS FOR A FREE SESSION AT:

Evelyn Scott School, 2 Bielski St, Denman Prospect ACT

9am - 10am (Ages 5-7 years old) 10am - 11am (Ages 8-12 years old)

#### SCAN QR CODE TO REDEEM FREE SESSION

Contact Ganesh on 0490 063 677 or act79.basketball@sportstaracademy.com

SSAT MORETHAN SPORT







# **FAMILY SAVER**



## KIDS TICKETS

FOR CLUB DENDY MEMBERS \$8 FOR NON-MEMBERS



### PREMIUM LOUNGE KIDS TICKETS

FOR CLUB DENDY MEMBERS \$20 FOR NON-MEMBERS



### MONDAY JULY 1 — FRIDAY JULY 19

ONLY VALID FOR DESPICABLE ME 4 AND INSIDE OUT 2 SESSIONS MONDAY-FRIDAY BEFORE 5PM

Booking Fiess Apply for online bookings. Not valid for special events, or in conjunction with any other offer. Premium Lounge is a licensed venue; anyone under IB must be accommonated by a parent or lensi exercised in Kinder are preferred for the Applicant Museus and under Office and is july 19th.

dendy.com.au