

# RED HILL SCHOOL NEWSLETTER

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*'Tom and Harrison from Winyu at the Preschool  
Questacon excursion experimenting with making  
things fly and twirl'*



**Red Hill School is a Nut Free  
Environment**



25<sup>TH</sup> October 2024



### Notes Home

- ❖ Jump Rope for Heart 2024
- ❖ Preschool Orientation

Astrolabe Street, Red Hill  
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Fee code for Voluntary Contributions is VOL CONS

# Leadership Team

Dear Parents and Carers,

This week an ex-student, who was asked to reach out to a person who had made a positive difference to him in his life journey, chose to write to one of his Red Hill teachers. His short email meant so much to that teacher. As today is World Teacher's Day if you have time you might like to join our leadership team in thanking a teacher for their work through a few spoken words or a short, written line.

We often talk to students about the diversity within our school community that is due to different cultural, linguistic and/or religious backgrounds. We also talk about some of the obvious physical differences (for example, skin and hair colour, height, whether we wear glasses or use a wheelchair) and less obvious differences such as neurodiversity. At assembly last week I specifically spoke about disability, and I thought it might be helpful if I shared some of the points with parents and carers.

We are all different and unique, whether this is because of where we were born, what colour our skin and hair are, or what language we speak. Our bodies and our brains work in different ways too. This means we each have strengths and challenges. Life would be very boring if we were all the same.

Some of us have a disability (a difference in how our brain or body works) which makes it difficult or impossible for us to walk, see, hear, speak, learn, or do other important things. The disability might be physical, for example, we might need to wear glasses, use a walker or take insulin. It might be a difference in how our brain works, such as dyslexia, autism, or ADHD.

Disability is a part of being human. About one fifth of people in Australia have a significant disability. Some disabilities are permanent, others are temporary. People can be born with a disability, or it can happen because of an illness or accident. At some time in our lives many of us will personally experience a disability of some sort.

We need to remember that even though we are all different and unique, we also have many things in common. People with disability have more things in common with other people than differences: they want to have friends, play and have fun, learn and feel included like everyone else. And like everyone else, they need help sometimes and they need to be treated with empathy, respect and kindness. Being left out, being teased and hearing unkind words hurts everyone's feelings.

Diversity means different ways of being and different ways of looking after and out for each other.

I would like to share some words from Dr. Ellen Fraser-Barbour, a disability and human rights advocate, who encourages us as adults to “be aware of the narratives we are projecting onto our children”.

She says that *it's not enough to simply teach children manners, respect and kindness. We need to normalise and celebrate the experience of disability as equal to any other aspect of diversity.... be mindful about teaching our children to pity and objectify others and take every opportunity to prepare children for a world of diversity by intentionally exposing them to the human diversity, in which disability is a part.* (ABC; December 2019)

It is important to take time to understand those around us and be sensitive to their backgrounds and other differences, so that we can be thoughtful about how we speak to them and how we help them. I have reflected that when we raise awareness of a particular disability it should not be to emphasise the difference but rather to build better understanding so that we can be sensitive to the individual who has this disability and treat them with empathy, respect and kindness.

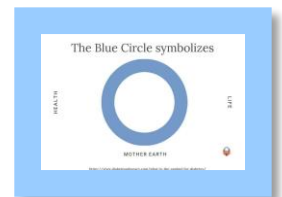
November 14<sup>th</sup> is World Diabetes Day (WDD), the birthday of Sir Frederick Banting, who co-discovered insulin along with Charles Best in 1922. WDD was started by the International Diabetes Federation (IDF) and the World Health Organization and became an official United Nations Day in 2006. We will be raising awareness of this at school because we have a number of students and a teacher in our school community who have diabetes.



As blue is in the World Diabetes symbol which was officially recognised by the United Nations in 2006, we will be inviting everyone to wear this colour to school on November 14<sup>th</sup>.

We will also have our annual Jump Rope for Heart fundraiser on Friday November 8<sup>th</sup>.

Thank you all for supporting our Lego ‘Bricks for Smiles’ fundraiser – with your help we proudly raised just over \$900.



Kind regards

Louise Owens (Principal)



Yesterday the Year 6 students hosted an Arts Learning Journey, which was the culmination of their year-long *How We Express Ourselves* unit of inquiry. The central idea of the inquiry was that “we use different forms of language to express concepts, ideas and feelings”. In English students continued refining their ability to use spoken and written language effectively, exploring the power and uniqueness of different text types and paying attention to the way spelling and grammar work to support communication. In mathematics students explored mathematical language and the use of symbols as a language. Students also explored the arts as a universal form of communication.

At the end of term three students were invited to choose an art form that they would like to showcase. Some chose to display art works, many of which are included in this newsletter. Many others chose to act, dance, drum or play a musical instrument and others chose to be stage hands. Everyone had the opportunity to participate in a way that they enjoyed and felt comfortable with.

We are proud of the transdisciplinary nature of this inquiry unit and are also proud that we have made the arts more accessible to all senior students, by offering learning experiences in every arts strand (drama, dance, music, media arts and visual arts) and by providing opportunities for every student to perform, not just those in our school musical ensembles. This has been made possible because of the work of the year six teaching team, Sophie Hopkins, Dan Graetz, Jane Rayner and Melbourne Djembe. It was also made possible because so many year six parents were able to join us on Thursday morning to be an audience.

We would also like to thank the enormous number of year six parents who participated with their children in the “Exhibition Provocation” last Wednesday evening. This was the first time the teaching team has run the introduction to Exhibition in this way, and they were so appreciative of your willingness to engage in the event.

Kind regards, Louise Owens





## CLASSES 2025

We will be hosting our annual “get to know you” interviews later this term with students and families who are coming into kindergarten and other year levels in 2025. The meetings are part of our transition process, and we strongly encourage every family to take this opportunity to connect with the school.

**Thank you** to the families who have already let us know of changing family circumstances in 2025. **If your child will not be attending Red Hill School in 2025, please let us know as soon as possible.** It is very important that we have accurate enrolment projections so that we can plan staffing and the correct number of classes for next year.

When creating classes for the following year, we commit to giving each student at least one nominated friend in their new class, recognising the connection between peer relationships and student learning. Sometimes a best friend is a great person to play with but not necessarily an appropriate person to learn with in class. Teachers often speak to the students about this, and it is helpful for parents and carers to reinforce the same message.

This week students have been completing ‘sociograms’ at school, selecting five peers they believe they would work well with in class next year. They will bring these home over the next week so that parents and carers can talk with their children about their choices. Once you have had this conversation with your child, please sign the sociogram and send it back to school. Please do not sign off unless you feel comfortable with your child’s choices. You can add a note to the back of the sociogram if needed, and you are always welcome to have a confidential conversation with your child’s teacher or me if needed.

We would appreciate the sociograms being returned by **Friday 22<sup>nd</sup> November at the latest.**



### 2025 ATTENDANCE AND CLASSES

Name: \_\_\_\_\_ Class: \_\_\_\_\_ Name: \_\_\_\_\_ Class: \_\_\_\_\_

Name: \_\_\_\_\_ Class: \_\_\_\_\_ Name: \_\_\_\_\_ Class: \_\_\_\_\_

**Will not be attending Red Hill School in 2025 - we will be leaving the school on**  
\_\_\_\_\_ **as our family is going to** \_\_\_\_\_.

**We are not sure at this stage but will be able to advise you further on or after** \_\_\_\_\_.

Parents Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_



## JUMP ROPE FOR HEART

The PE program for the start of term 4 is skipping ('jump rope'). Students are learning the different ways to skip, both individually and with others, and the health benefits of skipping (particularly the heart). The school is also taking part in fund raising for the Heart Foundation ([www.heartfoundation.org.au](http://www.heartfoundation.org.au)).

This organisation promotes healthy living but also helps young people born with congenital heart disease. Students can buy skipping ropes and/or contribute a gold coin donation at the 'Jump Off Day' on **Friday 8<sup>th</sup> November**. Jump Off Day will also be a uniform free day.

Ropes can be purchased by paying cash at the stall operating before school on the asphalt on Tuesdays, Wednesdays and Fridays or through Quickweb.

Rope prices are as follows.

White, red and blue handles: \$15 each

Yellow and purple handles: \$20 each

Please specify how many of each rope when ordering. Please be aware that rope numbers are limited and will not be available for purchase after Friday 8 November.



**JUMP ROPE**  
for **HEART**

**Heart Foundation**

**The primary school skipping challenge that turns kids into Heart Heroes**

**Being active is one of the most important ways that children can improve their health and wellbeing.** Unfortunately three out of four primary school-aged kids don't meet physical activity guidelines, leaving them at greater risk of heart disease as adults.

**That's where Jump Rope for Heart can help your school.** Jump Rope for Heart gets kids excited about exercise and eating well, teaching them to form heart-healthy habits that can last a lifetime. What's more, by seeking donations for their skipping achievements, our Heart Heroes raise funds for life-saving research and see firsthand how their actions can make a difference to the lives — and hearts — of others.

# Uniform Shop

## Ordering Online

The Red Hill School P&C Association uses Flexischools for uniform shop sales.

<https://www.flexischools.com.au/>

It is a cashless online ordering system which streamlines payment, ordering and processing of purchases and events. Quick and easy, it can be accessed 24/7 on PC, Mac, or mobile app.

School uniform orders for existing students will be delivered to your child's classroom. Otherwise, orders can be collected from the front office.

## Ordering in person

Opening hours Wednesday 8.30 to 10:00am and Friday 2.30 to 4.00pm. We prefer payment by credit card, but we can accept cash.

With COVID continuing to present a risk we prefer that orders are made online where possible.

Secondhand requests can be emailed through to the shop manager.

Donations can be placed in the purple bin in the front office foyer.

Lost property collected around the school is placed in the big blue bin outside of the uniform shop. Items in the blue bin will be sorted and then placed in the adjoining blue and white cupboards for students to look through and collect any of their property that they find. When possible, staff will deliver labeled items to classrooms.





Red Hill School Calendar 2024 – Term 4					Mon 14 <sup>th</sup> Oct-20 <sup>th</sup> Dec
	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 Oct 14 <sup>th</sup> -18 <sup>th</sup>	14 <sup>th</sup> October Pupil Free Day		16 <sup>th</sup> October YR1 Learning Journey YR6 Parent Exhibition Provocation 6pm- 7pm		18 <sup>th</sup> October Whole School Assembly
Week 2 Oct 21 <sup>st</sup> -25 <sup>th</sup>				24 <sup>th</sup> October YR6 Arts Morning	25 <sup>th</sup> October World Teachers Day
Week 3 Oct 28 <sup>th</sup> -1 <sup>st</sup> Nov	28 <sup>th</sup> October YR3 Excursion to the National Museum	29 <sup>th</sup> October Winyu and Djira Learning Journey		31 <sup>st</sup> October Garrang Learning Journey	1 <sup>st</sup> November Gabadang Learning Journey Junior Assembly hosted by YR3
Week 4 Nov 4 <sup>th</sup> -8 <sup>th</sup>					8 <sup>th</sup> November Jump Rope for Heart
Week 5 Nov 11 <sup>th</sup> - 15 <sup>th</sup>	11 <sup>th</sup> November Kinder Orientation			14 <sup>th</sup> November World Diabetes Day	15 <sup>th</sup> November Kinder Orientation Whole School Assembly
Week 6 Nov 18 <sup>th</sup> -22 <sup>nd</sup>		19 <sup>th</sup> November YR4 Excursion to the National Museum			22 <sup>nd</sup> November Kinder Orientation YR5 Arts Learning Journey
Week 7 Nov 25 <sup>th</sup> -29 <sup>th</sup>				28 <sup>th</sup> November YR5 Experience Expo	
Week 8 Dec 2 <sup>nd</sup> -6 <sup>th</sup>		3 <sup>rd</sup> December International Day of People with Disability		5 <sup>th</sup> December Exhibition 2024	6 <sup>th</sup> December Junior Assembly hosted by Kindy
Week 9 Dec 9 <sup>th</sup> - 13 <sup>th</sup>	9 <sup>th</sup> December Telopea Year 7 Orientation School Disco	10 <sup>th</sup> December Year 6 Achievement Assembly Acting up day	11 <sup>th</sup> December YR6 Fun Day-King Pin		13 <sup>th</sup> December YR6 Graduation
Week 10 Dec 16 <sup>th</sup> - 20 <sup>th</sup>	16 <sup>th</sup> December Pool Fun Day	17 <sup>th</sup> December Last Day	18 <sup>th</sup> December School Holidays	19 <sup>th</sup> December School Holidays	20 <sup>th</sup> December School Holidays

# Community News



TENNIS- SCHOOL PICK UP!

## HOT SHOTS TORRENS

Join us for fun tennis lessons at Torrens Tennis Club!  
Our experienced coaches offer engaging sessions for  
all skill levels.

### PROGRAMS & SCHEDULE



Junior Tennis coaching



Fridays Term 4



3.45-4.45pm & 4.45- 5.45pm



Torrens Tennis Club



Play@tenniscanberra.com.au

## CBS Canberra Brick Show

Come along to Canberra's  
largest LEGO® fan event!  
Over 300 tables of LEGO®  
displays, food trucks and  
interactive displays.

2024

When  
26-27 October

Where  
Thoroughbred Park,  
Lyneham

Tickets available online:

[canberra.brickshow.au](http://canberra.brickshow.au)

Presented by  
Canberra LEGO  
User Group

clug

Boys & Girls




# YOUTH DEVELOPMENT PROGRAM TRIALS

## SEASON 2025

### Expressions of Interest

# NOW OPEN



U10s to U18s



# YOUTH DEVELOPMENT SQUADS

**For talented male and female soccer players aged U10s to U18s**

Canberra-based National Premier League (NPL) club Tigers FC is running Youth Development Program trials for boys and girls at Aranda District Playing Fields in November and we'd love you to come along.

If selected, your child will be offered a place on the Tigers FC Youth Development Program which runs from November 2024 to September 2025.

The program includes training at Aranda on Mondays and Wednesdays from November 2024, pre-season match opportunities in early 2025, plus playing with a Tigers FC team in the 2025 Capital Football Junior League Division 1 competition.

Players in every age group will receive:


- Top-level weekly training and match-day support from qualified coaches.
- A dedicated Youth Development Program Technical Director – Ian Worthington.
- Additional tailored training from Tigers FC specialist coaches (e.g. goalkeeper coach, senior NPL coaches, 'A' licence NPL coaches, etc).
- Access to the Tigers FC app for one-touch RSVPing for training and matches, details of upcoming events across the club, easy merch ordering and more.
- A Tigers FC branded season kit from Macron to keep, including personalised playing jersey with name and number, training shirt, shorts x 2 and socks x 2.\*

To take your child's football to the next level, follow Tigers FC on social media and complete an Expression Of Interest here:

**Boys:** <https://form.jotform.com/242466347743867>

**Girls:** <https://form.jotform.com/242466392521861>

\*Additional costs apply.



## ACT Skipping for Healthy Hearts

Skipping for Healthy Hearts is a FREE 6-week program for primary school-aged kids that promotes heart health and physical fitness through skipping.

Skipping workshops will run each Saturday with our next program scheduled from **SATURDAY 26 OCT 2024 until SATURDAY 30 NOV 2024.**



National Champion Skippers

Full of knowledge and expertise

### MEET YOUR COACHES

### PROGRAM TIMES & LOCATIONS

THROSBY SCHOOL:

11:00AM - 12:15PM

KINGSFORD SMITH SCHOOL:

1:00PM - 2:15PM

MOUNT STROMLO SCHOOL:

3:00PM - 4:15PM

Skipping workshops are led by experienced skipping trainers who bring a wealth of knowledge and expertise. Trainers will teach a range of skipping techniques, from basic to advanced, to enhance coordination, balance, and motor skills while ensuring kids have fun.

Kids will be provided with a free quality skipping rope which they are able to keep at the end of the program.

**REGISTER TODAY - <https://www.eventbrite.com.au/d/australia--australian-capital-territory/skipping/>**

Skipping for Healthy Hearts







AUSTRALIAN GIRLS CHOIR



# Is this your daughter?

Look no further than the Australian Girls Choir because we encourage, challenge and inspire girls as they learn to sing, dance and perform.

## Join us at our NOVEMBER OPEN DAY!



AUSTRALIAN SCHOOL OF PERFORMING ARTS



AUSTRALIAN GIRLS CHOIR



An experience that goes far beyond the stage!

Girls blossom as members of the AGC, both on and off the stage. Your daughter will develop confidence, self-esteem, public speaking and presentation skills, all while gaining friendships that will last a lifetime.

Our senior performers have shared the stage with a long list of artists including Hugh Jackman and Kylie Minogue. You may have recently seen our girls perform at the Prime Minister's Olympic Dinner and for the official welcome home event for our Australian athletes; or on television appearances on Sunrise, Today, Carols by Candlelight and Carols in the Domain.

Now accepting 2025 enrolments for our rehearsal venue in Deakin.



## JOIN US AT OUR NOVEMBER OPEN DAY

Register now at [ausgirlschoir.com.au/joinagc](http://ausgirlschoir.com.au/joinagc) or phone 02 9922 6733



AUSTRALIAN SCHOOL OF PERFORMING ARTS



# SPORTING Schools



OUR GOAL IS TO HAVE THE KIDS FALL IN LOVE WITH THE GAME OF BASKETBALL. LED BY EXPERIENCED COACHES OUR PROGRAM TEACHES KIDS NOT ONLY THE FUNDAMENTALS BUT HOW TO ENJOY BEING AROUND OTHERS IN A TEAM SETTING. FROM SHOOTING TO DRIBBLING OUR SESSIONS ARE FULL OF ACTION PACKED AND ENGAGING ACTIVITIES THAT WILL HAVE THE KIDS DEVELOP A LIFELONG LOVE FOR THE GAME.

TO FIND OUT MORE CONTACT  
[DEVELOPMENT@BASKETBALLACT.COM.AU](mailto:DEVELOPMENT@BASKETBALLACT.COM.AU)





# INFORMATION

FOR PARENTS

## BASKETBALL PROGRAM FOR JUNIORS 3 TO 10 YEARS OLD

Programmes run weekly on weekends for 45 minutes.

This sports program will have the following:

- ✓ Skills Practice
- ✓ Ideal for Beginners
- ✓ Modified Games
- ✓ Heaps of Fun
- ✓ Match Play
- ✓ Suitable Equipment

Kelly Sports encourages their enthusiasm and participation and the life skills that such involvement brings – giving them increased confidence for the future.

**\$120 FOR AN 8 WEEK PROGRAM**

**Locations:** St Thomas Aquinas Primary - Lhotsky St, Charnwood  
Harrison Public School - Wimmera St, Harrison  
St. Bede's Primary School - Hicks St, Red Hill  
St. Clare of Assisi Primary - Heidelberg St, Conder

**Start Date:** Saturday 26th or Sunday 27th October 2024  
**End Date:** Saturday 14th or Sunday 15th December 2024

**Times:** 3 + 4 year olds - 9:45am to 10:30am  
5 + 6 year olds - 10:30am to 11:15am  
7 to 10 year olds - 11:15am to 12:00pm



Free Trial Session Available - Contact the ACT office on details below if you would like to book a free trial.

**Website:** [kellysports.com.au/act](http://kellysports.com.au/act)  
**Contact:** Scott McTaggart  
**Email:** [scott@kellysports.com.au](mailto:scott@kellysports.com.au)  
**Phone:** 0418 399 139  
**Facebook:** Kelly Sports Australia



# INFORMATION

FOR PARENTS

## SOCCER PROGRAM FOR JUNIORS 3 TO 10 YEARS OLD

Programmes run weekly on weekends for 45 minutes.

This sports program will have the following:

- ✓ Skills Practice
- ✓ Ideal for Beginners
- ✓ Modified Games
- ✓ Match Play
- ✓ Suitable Equipment
- ✓ Heaps of fun!

This weekly programme gives children skills and confidence in a fun and enjoyable environment. It also encourages their enthusiasm and participation and the life skills that such involvement brings – giving them increased confidence in the future.

**Locations:** Amaroo School, 135 Katherine Ave, Amaroo  
St Bedes Primary School - 55 Hicks St, Red Hill  
Rosary Primary School - 9 Fleming St, Watson

**Start Date:** Saturday 26th or Sunday 27th October 2024  
**End Date:** Saturday 14th or Sunday 15th December 2024

**Times:** 3 + 4 year olds - 9:45am to 10:30am  
5 + 6 year olds - 10:30am to 11:15am  
7 to 10 year olds - 11:15am to 12:00pm



Free Trial Session Available - Contact the ACT office on details below if you would like to book a free trial.

**Website:** [kellysports.com.au/act](http://kellysports.com.au/act)  
**Contact:** Scott McTaggart  
**Email:** [scott@kellysports.com.au](mailto:scott@kellysports.com.au)  
**Phone:** 0418 399 139  
**Facebook:** Kelly Sports Australia



## GUITAR • PIANO • VOICE

Unlock Your Child's Musical Potential Right at Their School!

Looking for a fun and convenient way to nurture your child's musical talent? Join our exciting after-school music classes, held right on school grounds!

We offer Guitar, Keyboard, and Vocal classes, designed to inspire creativity and build confidence. With small class sizes, your child will receive personalized attention and support from our expert instructors. Each class is a 30-minute burst of musical exploration and growth, giving your child the perfect balance of learning and fun!



ENROL HERE

Spots are limited, so don't miss this opportunity to help your child discover the joy of music while building lifelong skills. Sign up today and let the music begin!

